



FOR ACTIVELY AGING ADULTS

Clearwater Senior SCOOP

March 2026

Clearwater Senior Center

921 Janet Ave
Clearwater, KS
67026

Activities held at the Clearwater Senior Center are available to those 55 & older.

No membership fee is required to participate in most activities.

For more information on events or programs, please contact the Center coordinator at 620-584-2332.

Mission Statement

To provide services and programs for people 55 & older that promotes their well-being, supports their independence and encourages their involvement in community life.

Staff

Amber Ives
Coordinator



You're invited to our

ST. PATRICK'S

Baked Potato Bar

Annual Fundraiser

Tuesday
3.17.2026



12:00 - 1:00 PM Come and Go

Wear your green and get ready to raise some funds for future senior center activities.

ALL AGES WELCOME!

By donations only.



March for Meals – Donations Being Collected All Month!
March is March for Meals, a nationwide campaign supporting local senior nutrition programs like ours. Throughout the month, we are collecting donations to help provide nutritious meals, friendly visits, and vital wellness checks to seniors in our community.
Your support makes a direct impact – ensuring older adults receive not just a meal, but connection and care. If you would like to contribute or learn more, please contact us. Together, we can make March matter!

Ladies Bible Study

New Time!
Monday Mornings at 9:30 AM
Current Study: James

BRING YOUR PROJECT UNFINISHED



Bring what you've been avoiding or inching along on. Knitting, journaling, budgets, emails, craft. No teaching. no pressure.

First Monday of the month 10:00 AM - 11:30 AM

ByP

GET MOVING

Mondays - Strength & Stability @ 1:00 PM
Tuesdays - Chair Yoga @ 9:00 AM
Calorie Burn @ 10:00 AM
Pickleball @ 6:30 PM at the Pickleball Courts
Wednesdays - Tai Chi @ 1:00 PM
Weight Training @ 1:30 PM
Fridays - Chair Yoga @ 9:00 AM
Calorie Burn @ 10:00 AM
Line Dancing @ 1:00 PM

DRUM BALL & SENIOR ZUMBA

WITH NICK

TUESDAY, MARCH 3 1:00 PM & TUESDAY, MARCH 31 12:30 PM



**Information Meeting
with Sara**

Walk with Ease Program

Tuesday, March 3 10:30 AM

Sponsored By
Clearwater Recreation Commission
Clearwater Senior Center
 Donuts, Coffee and Iced Tea will be provided
 Decaf available upon request

*Coffee &
Community*



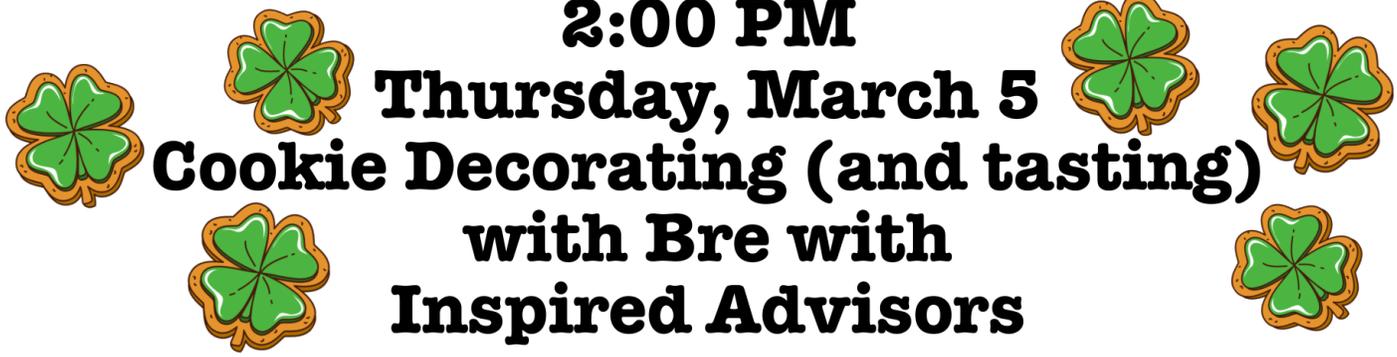
Wednesday, March 4
10:00 AM
 Location: Clearwater Senior Center
 Speaker: Grace Med

Come and celebrate all the March Birthdays
 **Thursday, March 5 at 1:00 PM**

2:00 PM

Thursday, March 5

Cookie Decorating (and tasting)
with Bre with
Inspired Advisors





CRAFTING WITH JEN

Monday, March 9 at 11:00 AM

The Arthritis Foundation's Walk With Ease

Program

Sign up today!



Your guide to walking
for better health,
improved fitness and
less pain

March 9 - April 17
Monday. Wednesday. Friday.
3:00 - 4:00 PM

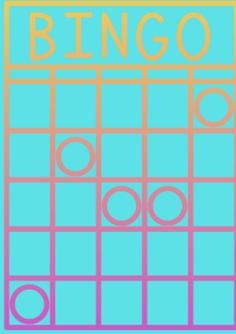
LUNCH & LEARN



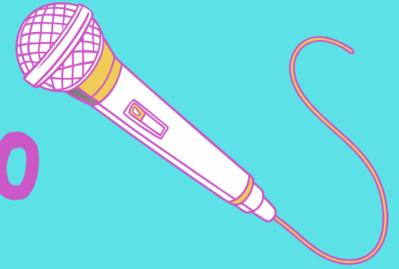
MARCH 10 12:00 PM

The Center will be providing fried chicken
Please Bring a side dish or dessert to share
Topic: American Senior Benefits

SINGO



Singo Bingo
Tuesday, March 10
2:30 PM



Swing by the Center on
Monday, March 16,
and craft your winning
bracket! You won't want to
miss the excitement. Prizes
are up for grabs!! No need to
be a whiz, it's all just good
fun!

We will gather for a pizza party to watch
the championship game together in April
and celebrate our bracket winners!



LUCKY BINGO &
ST. PATRICK'S DAY FUN
Tuesday, March 17 at 2:30 PM



COMMODITY PICK UP

Wednesday, March 18
2:00 - 5:00 PM
921 E Janet (Senior Center)

- Income Eligible**
- 1 - \$2,413
 - 2 - \$3,261
 - 3 - 4,109
 - 4 - 4,957
 - 5 - 5,805
 - 6 - 6,653
 - 7 - 7,501
 - 8 - 8,349



REACTION TRAINING WITH THE REC

WORK ON YOUR REACTION SKILLS
THURSDAY, MARCH 19 AT 12:30 PM



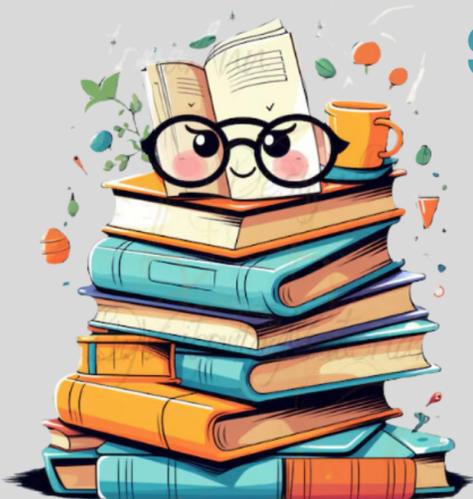
LUNCH BUNCH



We are headed to The Hill

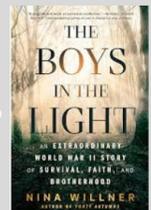
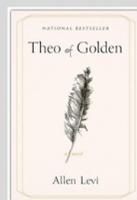
Friday, March 20 leaving the Center at 11:00 AM

Please Sign up by March 16



Senior Readers Book Club Tuesday March 24 at 7:00 PM

We will be
discussing
and picking up



Tuesday, March 31 at 12:30 PM
High School Leadership Class will be here
for drum ball and to help with technology
and get to know you!

MARCH

Clearwater Center Hours

Monday – Thursday 9:00 AM – 5:00 PM

Friday 9:00 AM – 4:00 PM

*activity will be in the back room

**sign up required

CPAAA Meal Program

Monday – Friday 12:00 PM

Council Meetings are the

2nd & 4th Tuesday of each month

at 6:30 PM at City Hall

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Education Special Event	2 9:30 AM Ladies Bible Study 10:00 AM Bring a Project 1:00 PM Strength & Stability 1:00 PM Bridge*  Dr. Seuss Birthday Come dressed as your favorite Seuss character	3 9:00 AM Exercise 10:00 AM Calorie Burn 10:30 AM Walk with Ease Information Chat 1:00 PM Drum Ball 2:00 PM Senior Zumba 6:00 PM Pickleball	4 10:00 AM Coffee & Community Grace Med 1:00 PM Tai Chi 1:30 PM Weight Training	5 9:30 AM Coffee with Friends 10:00 AM Bible Study 1:00 PM March Birthday Celebration 1:30 PM Games 2:00 PM Inspired Advisors with Bre: Cookie Decorating	6 9:00 AM Exercise 10:00 AM Calorie Burn 11:00 AM Walmart Run 1:00 PM Line Dancing 1:00 PM Quilting Queens	7
8 	9 9:30 AM Ladies Bible Study 10:00 AM Bring a Project 11:00 AM Crafting with Jen 1:00 PM Strength & Stability 1:00 PM Bridge* 3:00 PM Walk with Ease	10 9:00 AM Exercise 10:00 AM Calorie Burn 12:00 PM Lunch & Learn American Senior Benefits 2:30 PM Singo Bingo 6:00 PM Pickleball	11 1:00 PM Tai Chi 1:30 PM Weight Training 3:00 PM Walk with Ease	12 9:30 AM Coffee with Friends 10:00 AM Bible Study 1:30 PM Afternoon Break 1:30 PM Games	13 9:00 AM Exercise 10:00 AM Calorie Burn 3:00 PM Walk with Ease	14
15 	16 9:30 AM Ladies Bible Study 10:00 AM Bring a Project 1:00 PM Strength & Stability 1:00 PM Bridge* 3:00 PM Walk with Ease Basketball Bracket Due	17 9:00 AM Exercise 10:00 AM Calorie Burn 12:00 PM Annual Baked Potato Bar Fundraiser 2:30 PM Bingo & St. Patrick's Day Fun 6:00 PM Pickleball 6:30 PM Weather Safety at Fire Station	18 10:00 AM Trash 1:00 PM Tai Chi 1:30 PM Weight Training 3:00 PM Walk with Ease 2:00 – 5:30 PM Commodity Pick Up	19 9:30 AM Coffee with Friends 10:00 AM Bible Study 12:30 PM Reaction Training 1:30 PM Afternoon Break 1:30 PM Games	20 9:00 AM Exercise 10:00 AM Calorie Burn 11:00 AM Lunch Bunch 1:00 PM Line Dancing 1:00 PM Quilting Queens 3:00 PM Walk with Ease	21
22	23 9:30 AM Ladies Bible Study 10:00 AM Bring a Project 1:00 PM Strength & Stability 1:00 PM Bridge* 3:00 PM Walk with Ease	24 9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Book Club 6:00 PM Pickleball	25 Hermes Foot Care 10:00 AM Trash 1:00 PM Tai Chi 1:30 PM Weight Training 3:00 PM Walk with Ease	26 9:30 AM Coffee with Friends 10:00 AM Bible Study 1:30 PM Afternoon Break 1:30 PM Games	27 9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Line Dancing 1:00 PM Quilting Queens 2:00 PM Final Friday Ladies Round Table Talk** 3:00 PM Walk with Ease	28
29	30 9:30 AM Ladies Bible Study 10:00 AM Bring a Project 1:00 PM Strength & Stability 1:00 PM Bridge* 3:00 PM Walk with Ease	31 9:00 AM Exercise 10:00 AM Calorie Burn 12:30 PM HS Leadership Class 12:30 PM Drum Ball 2:00 PM Senior Zumba 6:00 PM Pickleball	APRIL 1 10:00 AM Trash 1:00 PM Tai Chi 1:30 PM Weight Training 3:00 PM Walk with Ease	2 9:30 AM Coffee with Friends 10:00 AM Bible Study 1:30 PM Afternoon Break 1:30 PM Games	3 9:00 AM Exercise 10:00 AM Calorie Burn 1:00 PM Line Dancing 1:00 PM Quilting Queens 3:00 PM Walk with Ease	4

Clearwater Senior Center

921 E Janet

Clearwater, KS 67026

620.584.2332

seniorcenter@clearwaterks.org

<https://www.facebook.com/ClearwaterSeniorCenter/>



find us on

Facebook

HAPPY MARCH

WORD SEARCH

O P P I S D R I B B H S M E N
O Y K U K W Q A X E K R I O T
P W B V S D O C X H C R A M W
G C R F A L I B D P O L M E H
K L H O M O D G N I R P S E Q
Y L V H T G O T U I M U Z V D
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A B E I P P A E L S F Z C P Q
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BASKETBALL
BIRDS
CLOVER
FAT TUESDAY
FLOWER
GREEN
HAPPY
IRISH
LEAP
LEPRECHAUN
LUCKY

MARCH
MARDI GRAS
MASKS
POT OF GOLD
RAIN
RAINBOWS
SHAMROCK
SPRING
ST PATRICKS DAY
TULIP

